

**3.4 MILE Long Course                      WEEK 8**

**Men's Open Division - Long Course**

1	Tristan Williams	31	20:10
2	Brent Trail	29	20:37
3	Curtis Moore		22:49
4	Austen Bernier	23	23:18
5	Andrew Doherty	17	24:10
6	John Lamneck	38	24:43
7	Adam Freierman	27	24:49
8	Tyler Walton	29	25:19
9	Dan Buteau		29:36
10	Brandon Shadoan	40	48:30

**Women's Open Division - Long Course**

1	Margaret Graciano	31	24:29
2	Susan Thompson	42	28:13
3	Kate Lamneck	38	28:46
4	Melissa Peplinski	33	29:05
5	Laura Russo	42	29:40
6	Alana Scannell	26	31:52
7	Liz Freierman	30	33:03
8	Caitlin Behr	30	33:35
9	Brittini Gorman	30	33:44
10	Carrie Burkett	31	34:14
11	Jennifer Shadoan	36	38:39
12	Erin Samel	28	39:17
13	Kelly Jordan-Kelley	34	39:49
14	Jennifer Smith	26	39:58
15	Allison Jones	34	40:04
16	Michelle Hartshorn	41	40:12
17	Katie Dukehart	33	47:28

**Boy's Junior Division - Long Course**

1	Kolbe Delafontaine	16	26:10
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**Men's Masters Division - Long Course**

1	Odd Bersvendsen	58	25:23
2	Jason Call	47	27:02
3	Dan Doherty	55	27:10
4	John Fuller	55	30:44
5	Skip Spadaccini	60	35:27

**Women's Masters Division - Long Course**

1	Sue Wemyss	57	31:47
2	Amy Wilson	46	35:42
3	Mary Doherty	53	35:47
4	Laura Brockett	57	36:14
5	Libby Smith	62	37:01
6	Angela Lanzillo	46	39:27
7	Mimi Wong	53	44:09
8	Joanna Whittington	48	71:26

**Men's Grand Master Division - Long Course**

1	Jim Drew	67	33:51
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**Girl's Junior Division - Long Course**

1	Alyssa Delafontaine	14	38:43
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**2.5 Mile Short Course**

**Women's Open Division - Short Course**

1	Kirsten Silfvenius	25	21:05
2	Lisa Matthews	38	22:48
3	Anne Kopp		26:20
4	Adrienne Backer	38	28:50
5	Jade Burnett	17	40:39

**Women's Master Division - Short course**

1	Brenda Parent	47	24:47
2	Linda Rich	47	27:29
3	Sherrill Tracy	62	28:36
4	Cheryl Battles	47	30:36

**Girl's Junior Division - Short Course**

1	Emile Morris	13	28:58
2	Beyonca Shadoan	14	40:55

**Men's Master Division - Short Course**

1	John LaCasse	49	27:44
2	Daniel Record	48	28:50
3	Chris Marcotte	47	34:05
4	Crispin Battles	46	43:00

**Girl's Youth Division - Short Course**

1	Macie Marcotte	8	30:27
2	Addison Battles	8	42:58

**Boy's Youth Division - MINI Course**

1	Gus Lamneck	6	17:19
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**Women's Open Division - MINI Course**

1	Shannon Dunfey-Ball	33	23:14
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**Men's Walking Division Long Course**

1	Tom Sweeny		40:47
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2	Howie Wemyss	66	41:32
3	Steiner Bersvendsen	82	55:31
4	Mark Ross-Parent	54	68:38

**Women's Walking Divison - Long Course**

1	Sally Brassill	53	55:31
1	Ingeborg Loedoeen	53	55:31
3	Tami Hartley	55	56:21
4	Regina Ferreira	58	63:00
5	Leigh Grady	54	68:00
6	Susan Ross-Parent	50	68:38
7	Sue Chapman	68	71:03
7	Jayne Richard		71:03

**Women's Walking Divison - Short Course**

1	Kim Henry	69	50:14
2	Christine Fleming	66	50:17
3	Ann Elise Record	48	51:09

**DARN TOUGH SOCKS "Competitors of the Week"**  
**Odd Bersvendsen**  
**Susan Thompson**