

**3.8 MILE Long Course**

Week 1

**SALOMON TRAIL RUNNING SERIES****Men's Open Division - Long Course**

1	Brent Trail	32	22:29				
2	Jeremiah Hawkins	37	26:23				
3	Marcelo Maiorano	33	27:12				
4	Brian Byrne	45	27:52				

**Women's Open Division - Long Course**

1	Margaret Graciano	33	29:59				
2	Susan Thompson	44	33:42				
3	Molly Mundy	27	33:47				
4	Emily Davenport	29	39:11				
5	Kate Stinson	39	42:00				
6	Michelle Hartshorn	43	45:22				
7	Lynne Castonguay	45	47:05				

**Boy's Junior Division - Long Course**

1	Theo Castonguay	15	28:02				
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**Men's Masters Division - Long Course**

1	Peter Donohoe	55	30:43				
2	Brad Clarke	52	34:41				
3	Angus Badger	52	37:15				
4	Ted Castonguay	49	47:05				

**Men's Grand Master Division - Long Course**

1	Peter Szawlowski	77	41:26				
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**Women's Masters Division - Long Course**

1	Sue Wemyss	59	31:54				
2	Kathy Bowie	49	34:21				
3	Laura Brockett	60	34:35				
4	Tamara Wood	49	35:31				
5	Nancy Eaton	52	42:19				
6	Madeleine Ryan	61	42:33				
7	Christine Thompson	51	43:28				
8	Sherrill Tracy	65	47:51				
9	Tami Hartley	57	48:21				
10	Lise Peters	49	50:29				

**2.9 Mile Short Course****Women's Open Division - Short Course**

1	Alyssa Macleod	32	29:32				
2	Rachel Caldwell	35	36:23				
3	Jennifer Shadoan	39	37:05				
4	Caitlin Behr	32	43:08				
4	Jaimie Crawford	31	43:08				
6	Victoria Giron	45	41:59				

**Women's Master Division - Short Course**

1	Brenda Parent	49	30:24				
2	Joanne Archambault	48	31:19				
3	Nicky Pizzo	47	35:46				
4	Jennifer Landry	49	37:06				
5	Dana Peavey	51	37:19				

**Women's Grand Master Division - Short Course**

1	Liz Szawlowski	86	59:26				
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**Men's Master Division - Short Course**

1	Hans Bauer	50	30:04				
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**Women's Walking Division - Long Course**

1	Jayne Richard	63	68:21				
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**Men's Walking Division - Long Course**

1	Mark Ross-Parent	56	66:18				
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**Women's Walking Division - Short Course**

1	Leah Sperbeck	56	52:55				
2	Jamie Knight	29	67:18				
2	Anne Kopp	31	67:18				
4	Sue Chapman	70	70:00				

<b>Men's Walking Division - Short Course</b>							
1	Howie Wemyss	68	42:08				
2	Ed Shanshala	55	42:39				
3	Glenn Nile	50	59:17				